

## **Prayer of the Day**

Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord.

**Amen.**

## **First Reading: 1 Kings 19:4-8**

<sup>4</sup>[Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."<sup>5</sup>Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."<sup>6</sup>He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. <sup>7</sup>The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."<sup>8</sup>He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

## **Second Reading: Ephesians 4:25—5:2**

<sup>25</sup>So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. <sup>26</sup>Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup>and do not make room for the devil. <sup>28</sup>Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup>Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup>And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup>Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup>and be kind to one another, tenderhearted, forgiving one another, as God in Christ has

forgiven you. <sup>5:1</sup>Therefore be imitators of God, as beloved children, <sup>2</sup>and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

### **Gospel: John 6:35, 41-51**

<sup>35</sup>Jesus said to [the crowd,] "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

<sup>41</sup>Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." <sup>42</sup>They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" <sup>43</sup>Jesus answered them, "Do not complain among yourselves. <sup>44</sup>No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup>It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. <sup>46</sup>Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup>Very truly, I tell you, whoever believes has eternal life. <sup>48</sup>I am the bread of life. <sup>49</sup>Your ancestors ate the manna in the wilderness, and they died. <sup>50</sup>This is the bread that comes down from heaven, so that one may eat of it and not die. <sup>51</sup>I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

### **Prayers of Intercession**

Calling on the spirit of Wisdom to guide our hearts and our minds, let us pray for the church, the world, and all in need.

*A brief silence.*

Reignite the prayer of the church. By your Spirit, (*and remembering Clare of San Damiano, who was known for her powerful prayer,*) root your church around the globe in prayer and spiritual practices. Merciful God,  
**receive our prayer.**

We rely on the goodness of your creation in everything we do. We pray for trees that offer shade and for our fellow creatures that depend on the trees for shelter and food. Sustain the work of all who advocate for forests and wilderness areas. Merciful God,  
**receive our prayer.**

Guide our leaders and nations with a spirit of justice and mercy. Let no evil come out of our mouths, but rather let us extend grace. We pray for our enemies. Merciful God,  
**receive our prayer.**

Sustain feeding ministries and organizations such as ELCA World Hunger and our local food pantries (*especially*). We work and pray for a day when hunger is no more. Merciful God,  
**receive our prayer.**

We pray for this congregation and for all who are gathered. Be present among anyone who cannot be with us today. Be with all who are hurting, grieving, or ill especially those listed in our bulletin and those we name in our hearts. Merciful God,  
**receive our prayer.**

*Here other intercessions may be offered.*

We remember the saints who have gone before us in faith. Trusting in the promise of the resurrection, we find hope in your communion of saints of all times and all places. Merciful God,  
**receive our prayer.**

We lift up these prayers to you, gracious God. Receive them into your holy keeping.

**Amen.**